



ABOUT CONSCIOUS PRENATAL CARE MODULE

Pregnancy offers every woman a phase of expansion if she is taught the science of conscious birthing. As a mother, you can qualitatively prepare the body of your baby because you are the controller of the genetic expression.

The Conscious Prenatal Care aims to bring back the sacredness of motherhood from Vedic knowledge, awakening women to their presence as Shakti (Divine Mother). This sacred process empowers a woman to create a nurturing environment for the landing of an intelligent soul.



DO YOU KNOW THAT
AS A MOTHER, 20%
OF YOUR BABY'S
INTELLIGENCE LIES
IN YOUR HANDS?

SCOPE OF CONSCIOUS PRENATAL CARE MODULE

PREPARE YOUR BODY AND SPACE FOR AWAKENING DIVINE FEMININE CONSCIOUSNESS

THREE sessions: Purification of your inner space by letting go of your past hangovers, pain memories, violence and awakening the Divine Feminine Consciousness, and experience both dimensions of a beloved and a mother.

PRENATAL YOGA

THREE sessions: Designed by trimester, a set of daily yoga routine will be given including yogic diet, yoga practice, breathing techniques and meditation techniques to strengthen your body-mind system to experience conscious birthing.

CONSCIOUS BIRTHING

THREE sessions: Science of Vedic Mantra will be taught to tune your frequency to the original state of Existence in an unclutched space and learn how to be in communion with your baby. You will be prepared to handle 3 stages of birthing.

POST NATAL SUPPORT

ONE session: You will be supported after child birth and the fundamentals of conscious parenting will be shared.



CONSCIOUS PREGNANCY
CONSCIOUS BIRTHING
CONSCIOUS LIVING



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TERMS & CONDITIONS

- USD2,500 (SGD3,300) FOR THE WHOLE MODULE
- YOU HAVE AN OPTION TO CHOOSE MINIMUM 6 SESSIONS @USD1,500 (SGD2,000)
- PAYMENT VIA BANK TRANSFER OR PAYPAL

